

Holistic Animal Remedies

Product code AN006	Pet Destructive Anxiety	5 Pages
Suitability:	Use for all species, ages and sizes	
Last Updated: 11-6-18		

Homeopathic Destruct 006 drops, repeat on body every 5 minutes when anxious or stress or even fearful. Use for any events that cause stress e.g visiting a vet or travelling. Usually after the second to third repeat, a change in behavior should be seen. Then repeat throughout the day as needed. The more frequent and less time between each dosing will promote a quicker response in acute stressful times.

Note: Besides giving Pill orally or/and (3 to 4 drops on body) you can also put 2 pills mixed in (filtered) water drinking bowl, each week that you change the water.

Other helpful suggestions:

- **Bach Flower Rescue Remedy** from the health food store or chemist is also a remedy that can be given every 15 minutes for 3 repeats for any time of extreme stress or anxiousness. Give less frequently for casually calming or reducing stress in general (several drops on head). **Bach Flower Rescue Remedy** is good for all types of situations e.g. any shock due a fright or injury (shock alone can kill), any stressful event or emotional stress for humans and all animal species.
- **Applying the T-touch on your pet:**
Refer to page information sheet to show you how to do the simple cellar talk to the animal's subconscious level of habitual behaviour. Unruly, destructive pets, or dogs or pups that have hyper-active tendencies in general!
- **PayTV Cesar Millan's "Dog Whisperer"** is highly recommended to watch.
- **Note:** If just hyperactive or pacing (especially at night) also look at our [Hyperthyroid balancing remedies](#) if clinging and pacing at night in the older dogs – for physical and emotional level support. See www.holisticanimalremedies.com for the natural treatment for this condition, which is overlooked in the Veterinary Industry.

Along with using the remedy also suggest using the simple and effective **T-touch therapy** on their body, **change diets**, omit all chemical drugs and add a crushed **B complex** tablet in daily meals to combat stress.

Chemical toxins has been known to cause animals to become hyperactive and erratic or starting to have seizures or severe stress and chemical allergic reactions. **Example:** vaccines, wormers, heartworm and flea products are insecticide poisons that poison the blood stream. Use only natural medicines and products. Chemicals are also in commercial foods.

BEHAVIOUR - Destructive fearful animals

- I suggest that you could leave the TV on during the day, so they feel that they are no alone.
- Give your dog(s) (make sure they are not likely to fight over bones) a raw lamb shank bone (must be RAW and should have meat on it as well) which will take a number of hours to chew. You could take the knuckle/joint out from shank bone before giving if your dog tends to eat food too fast and does not chew bones very well.
- Also before you go to work explain - one dog at a time - to their eyes at their level that you need to go out for the day, and that you will be back later today. Then tell them that while you are gone you would like them to look after the house for you.
- Giving them a job to do is also important. Once they get out of the hysteria of abandonment, they need to be given a job - when they can think clearer rather than overreacting and being fearful. When you get home, before you greet them, make out that you are having a look around and then say, well done, good work and pat them. It may be hard to do this when you come home to a mess, but we are planning to reduce this frenzy of playing up, and getting them more grounded and settled in a role of house watching and protecting.
- If your dog is still young, they may need some energy release as well, which will help them settle more during the day. I have found that a 10 minute running and fetching the ball with a tennis racket or similar can get rid of some of their energy if this is part of a young dog's issue. We learnt to do this in the mornings before we went out, and then again when we got home when our dog was young.
- Also select a couple of slippers and balls that they can play and wreck, and let them know that these are the toys that are for them. When you get home, and they have done damage, it is not good to yell or punish them - they won't understand why you are mad. All they could see and feel is that you are mad or angry.

Separation anxiety is quite a problem within a household of loving family members.

You come home from a long day at work to a spinning, jumping whirlwind of energy. Your dog follows you into your living room, where you find that he has chewed on your favorite pair of shoes. Your neighbor comes by to tell you that, once again, your dog has been driving the neighborhood crazy by howling and barking while you were away.

In nature, dogs are almost never away from their pack. It is our job to help make this unnatural situation less stressful.

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Highly recommend watching Cesar Millan's the "Dog Whisperer" on PayTV.

Through 23 years of experience here is our recommendations - nutritional natural relaxants repairing, healing behavior, for all species.

1. Magnesium (mineral)

We highly suggest Magnesium Glycinate powder or Magnesium liquid (ReMag Magnesium solution). Add a pinch or several drops bowl of goats milk etc - daily. Double the amount of larger pets.

2. B Complex (stress)

Add natural B complex (for reducing stress). Add "Bee Pollen granules" in meals, which is a natural form of B complex. Adding a pinch (several grains) for toy dog, cat or small pet similar size. Or for small to med pets, 1 teaspoon, or larger pets add 1 tablespoon in daily meals - daily.

3. Ttouch hands-on therapy

It is easy to do and pet owner to do this for their pets or farm animal at home or property. Use for all species.

EMOTIONAL BEHAVIOUR T-touch Therapy for ALL Animals /Species

Linda Tellington-Jones has developed a technique that works wonderfully for modifying negative behaviours, taming wild or un-socialised animals gently, increasing trust and reducing aggressiveness, and for accelerated healing. The technique is named after its inventor, the Tellington-touch (T-touch). It is derived from the human technique of Feldenkrais. This is a method that opens new neurological pathways in the brain by use of habitual movements..

"At a cellular level", says Linda Tellington-Jones, "We're all the same". The T-touch stimulates cell intelligence, and "so turns on the corresponding brain cells like so many light bulbs."

Use of the T-touch to stimulate the body cells and corresponding brain cells activates the brain and changes old habits and patterns. By asking and allowing the animal to think, and by an attitude of conscious respect and cooperation with her, the cellular intelligence becomes two-way communication. The result is behaviour and personality changes, along with increased speed of healing for wounds, injuries or stiffness.

The following T-touches are single clockwise circles with the thumb anchored and the fingers resting on the animal start at 6 o'clock (the bottom of the circle) and push the skin around in a circle and a quarter, then pause and release. You don't need to do all of them, just select one or two different techniques that you feel your animal needs.

The hand and arm should remain soft. Be aware of your breathing.

The T-touch moves the skin rather than rubbing as a massage would. The intention is to activate neural pathways to the brain & to improve the function of the cells.

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When you affect the nervous system it also affects the muscle.

With light /firm /slow/ gentle steady pressures the idea is to affect the nervous system and cells not the muscles. When the touch is done properly (circles closed) it generates all four brain - wave patterns in the animals receiving it, alpha, beta, theta, and delta.

E.g. normal daily activity uses the beta pattern, alpha is equivalent to human concentration or meditation, theta is deep trance, and delta is the Level below consciousness usually associated with sleep. Using the touch to stimulate the body cells and corresponding brain cells activates the brain and change old habits and patterns.

E.g. it enables the animal to think through rather than automatically reacting by instinct.

Instead of the habitual fight or freeze, fooling around or flight response, the animal evaluates the situation - and calms down.

The faster beginning circles awaken the dogs or cats body, and the slower ones that follow allow deep relaxation, release muscle tension, deepen and enhance respiration, and aid physical and emotional healing.

T-touch techniques that work on the cellar memory of the animal:

- **Lying Leopard** - Instead of the fingers being curved they are lying flat and spread over a larger area - less invasive touches all over the body)
 - Comforting to some animals
 - Calming for thunderstorms as well as applying **Clouded Leopard** as well if this stroke is less effective
- **Raccoon Touch** - Tips of fingers (using light pressure) start at six o'clock position and finish off at 8 o'clock (small light touching circles).
 - Especially good for:
 - injury, surgery, arthritis, bruising (just apply lightly around injury or soreness)
 - Animals that chew everything or are mouthing your hands (apply touches to mouth and gums with wet finger, having a bowl of water beside you to dip fingers in as you go)
 - Fearful animals that bite or growl (concentrate around the mouth area - very, very gently light touching, also do circles around the tail area as well; the mouth and tail (back end) are where animals store their fear and aggression)
 - Just do normal "massage" for puppies who are teething with small tiny circles around mouth and work gums regularly)
- **Lick of the cow's tongue** - Spread fingers apart, with long diagonal strokes across the lay of the hair, down the shoulders, legs:
 - Connecting the back/behind to the front

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- For animals who are sore or fearful of being touched in the behind area
- **Python Lift** - This lift can be used on the shoulders, forearm, girth area, neck and hind legs. The whole hand is placed on the body or around the leg with enough pressure to gently lift the skin and support the muscle. The lift is only 1/2 " to 1". Hold for about 4 seconds and then SLOWLY return the skin to the starting position and then release - if you lift too much up the animal will hold its breath which we don't want.
 - Use on the arthritis leg a little below the joint of where the arthritis is
 - Start at the top and work down.
- **The Clouded Leopard** - Using the pads of the fingers lightly curved, do circles, keeping all three knuckles joints soft and moving as you make each circle.
 - For anxiety, pain, and all fearful animals
 - Calming at times of thunderstorms; massage tail joint - for fear biters or animals who are scared of loud noises, e.g. thunder, gun shots etc.
- **Massage Ears** - (gently) for animals in shock; e.g. car accidents (on the way to the hospital), car sickness, digestive problems, or to relax a cat or dog. Massage puppies who are teething with small tiny circles around mouth and work gums regularly.
 - * This really helps calm **feral kitties or nervous** kitties and cats with gentle ear work slowly rotating the base of the ear for 5 minutes.
- **Belly Lifts** - Use on animals with bloating, intestinal disorders, hip dysplasia or a sore back (hold 10 sec to 1 min then slowly release)

*You can apply the touches everyday or only a couple of times a week is fine: no more than 5 minutes required.

Use touches only after observing what your animals needs at the time, watch for changes and new responses, then work can be stopped on the animal, or you may need to work on another problem!

- ... you also may like to employ the:

"Emotional Behaviour Advice Services" Distant Professional Animal Behaviour Services – worldwide support and consultations via email.

Geraint Seren Spiritual Animal Advice Behaviour and resolving & clearing. As a Shaman, he can help pets be released for a clean transition - at time of passing or afterward. * Cell phone 0417525629 Australia **Email:** soulrhythms@msn.com



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