



HAMPL™ Pet Formulas

Holistic Animal Remedies

Product Code AN273	PICA in animals	Pages: 4
Dirt eating, rock licking and chewing, licking plaster or chewing it. the pet may also ingest other non-food items such as plants, rocks or their own faeces. * See page 4 First Aid (dog eat glass or sharp objects)		
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“Pica” is the body’s desperate attempt to replace those essential and missing minerals.

Iron supplementation is the most common treatment for pica, so the mainstream medical community seems to have gotten the idea that this eating disorder is the result of the insatiable quest for iron for survival. But iron is not the only deficient mineral and iron deficiency is typically only a symptom of a greater imbalance in the body’s mineral supplies, quite literally the tip of the iceberg. Very often, vitamin C deficiency is also a problem.

Warning: Vaccinations are one of the drugs that will cause a severe depletion of causing vitamin c deficiencies.

Mineral Deficiencies

Most common reason for PICA is Mineral Deficiency

Eating dirt can be associated with anemia. Low quality dog foods are most often deficient in nutrients. Dogs seem to have this amazing ability to solve their mineral deficiency concerns. If they don't get enough vitamins and minerals from their food they simply eat dirt to cope with the shortage.



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Very active working dogs or those fed a poor quality diet may experience mineral deficiencies, such as anemia, according to "Dog eating dirt could be a sign of trouble," a March 2009 article in the *San Francisco Chronicle* online. A simple blood test at a veterinarian's office can determine if your dog is lacking essential vitamins and minerals in his diet.

Switching to a high quality nutritional food may reduce the dog's need to eat dirt.

Adding One to two teaspoon of Organic Apple Cider Vinegar to daily meals and 1 TBS to water bowl – adds minerals and adds better digestion is a good idea too.

Holistically, you can give your pet (or child) the homeopathic HAMPL **PICA Formula (order code AN273)** which I have also included tissue salts for better Iron absorption and relief of or prevention of anemia conditions.

However, **Vitamin C** (whole food vitamin C) and **Celtic salt** in meals or dissolve in water and added to meals daily alternatively use the **ReMyte " Minerals solution" 240ml** 1 teaspoon in water dish and 1 teaspoon in meals for med to large dogs. For Felines / toy dogs - Add 5 drops for toy dogs and felines. A teaspoon of celtic salt in water.

(AN038) HAMPL Anemia Support drops (AN168) HAMPL Digestive Enzyme formula, HAMPL Pancreas support formulas are available for your pet. (AN072).

Vitamin C is also essential to aid Iron absorption as well as restore vitamin c deficiencies.

Commercial dog and cat food

are artificial by product food, which may not contain enough or very little to no Iron in the product. Provide a real food diet with red and white meat and veg. Along with a teaspoon of **Vitamin C** powder to daily meals.

A pinch for toy dogs and cats. According to some Health Practitioners, believe that 90% of patients are borderline anemic. A dog eating dirt may be coping with the increased appetite borne out of having an endocrine disorder.

Pancreatic Illness

Dogs suffering from exocrine pancreatic insufficiency (maldigestion disorder) eat dirt in an attempt to satisfy their unending hunger, according to Doctors Foster and Smith at the Pet Education website. The pet may also ingest other non-food items such as plants, rocks or their own feces. **Exocrine Pancreatic Insufficiency** is a disease associated with the improper digestion and absorption of nutrients. The dog's pancreas creates various enzymes, including insulin, to digest foods. When the pancreas isn't functioning properly, the pet doesn't get the health benefits of their food. The dog then tries to ingest as much food as possible to satiate his hunger from lack of nutrient absorption. Additional symptoms of exocrine pancreatic insufficiency include dull coat, light yellow or clay-colored stools, soft or watery stools and eventually weight-loss from starvation. **Correct this condition:** See HAMPL Pancreas support formulas are available for your pet. (AN072)

What are the symptoms of iron-deficiency anemia?

The following are the most common symptoms of iron-deficiency anemia. However, each individual may experience symptoms differently.

Symptoms may include:

- abnormal paleness or lack of color of the skin
- irritability
- lack of energy or tiring easily (fatigue)
- increased heart rate (tachycardia)



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- sore or swollen tongue
- enlarged spleen
- a desire to eat peculiar substances such as dirt or ice (a **condition called pica**)

FIRST AID

Dog Eats Broken Glass or other Sharp Objects

Hope you store this information away in case you need it: This works and could save you a lot of money, plus your dog's/animal's digestive tract. Helpful first aid around holiday time when glass ornaments/lights are in the house and available to munch on.

Buy a bag of cotton balls. Be sure that you get **PURE 'COTTON' balls...** not the cosmetic puffs that are made from man-made, synthetic fibers.

Also, buy a quart of CREAM and store it in the freezer.

First Aid Instructions:

Defrost the cream and pour some in a bowl. Dip cotton balls into the cream and feed them to your dog. The procedure is totally safe and won't harm the dog.

Dogs under 10 pounds should eat two balls which you have first torn into small pieces. Dogs 10-50 pounds should eat 3-5 balls and larger dogs should eat 5-7. You may feed larger dogs an entire ball at once. Dogs seem to really like these strange tasty treats and eat them readily.

As the cotton works its way through the digestive tract it will find all the glass pieces and wrap itself around them. Even the teeniest shards of glass will be caught and wrapped in the cotton fibers and the cotton will protect the intestines from damage by the glass. Your dog's stools will be really weird for a few days and you will have to be careful to check for bright red blood or a tarry appearance to the stool. If either of the latter symptoms appear you should rush your dog to the vet for a checkup but, in most cases, the dog will be just fine.

* **Can also apply homeopathic Arnica 1M or 10M** (*treat or prevent bleeds*)

Unless they are treated homeopathically and mineral balancing, they will continue to eat sharp or other unusual objects.